

## 巅方法与量子科学

### Dean Method and Quantum physics

刘小宝博士受邀在 2019 年德国"DEAN Method 治疗与教育"工作坊上, 以视频课程的形式, 分享从 Dean Method 静修与量子物理科学中得到的启示。

Doctor Liu was invited to share the Dean Method and Quantum physics in the "Healing and Education" seminar in 2019 in Germany in video.

*-What is a life?*

*-What does quantum physics mean to our life?*

*-How does the development of internet and virtual reality improve our life? What's the inspiration for us?*

*-What do I learn in practice?*

Hello, my dear friends. Nice to see you. I am 小宝. I feel happy and lucky to connect with you in this way.

I was once there in a ceremony in 2015. How harmony and condensed the energy it was. I could never forget it! We are from different cultures, and I got warm welcome and sincere respect from you. I felt like a family member. I am grateful to it. A student told me, because we practiced Dean method together. Yes, we are connected deeply in our spirit.

We are having a summer camp project here, especially for the children and their parents in Fuqi village. We name it "Quantum Act", that is, to act like a quantum. It is such a special and precious time. We have the chance and possibility to grow with our children in our spirit and our Fuqi.

These time I join you in such a special way. I am in a video, I am not specific living creature in front of you, instead, I am virtual image. Master Li told that **the reality and virtuality is always together**. It is good chance for us to study this now. In the concrete world, I am far away from you, I was holding a summer camp with the children in China. In the virtuality, we are together, talking about Dean Method and quantum physics. I was not there but I am here with you. The question comes: Where am I ?

I can understand this situation deeply through the act of an electron. Electrons have wave-particle duality. They do not have a definite orbit like the motion of macroscopic objects, so we cannot draw their trajectories. It is impossible to predict exactly where it will appear in extranuclear space at any time, but only to predict the opportunities it will appear somewhere.

That is called the superposition state of a Quantum. You must have known the famous cat-Schrodinger's Cat. Dead or alive? Scientist tell it is in a superposition state of Dead and Alive.

Now, I act like a quantum in the spiritual level. "The spiritual quantum" is now sharing quantum physics with you in Germany and at the same time holding the "Quantum Act" summer camp in China. There is no contradiction. When we live in the spirit level, we could understand there is no

difference between reality and virtuality.

There is also a story to tell this in the book of 庄子, namely Zhangzhou's dream of a butterfly (庄周梦蝶). 庄子 asked a question: does the butterfly fly into my dream or do I go into a butterfly's dream?

What do you think?

My experiences in quantum experiments makes me understand what Dean Method is, meanwhile, Dean Method Healing and education leads me to reach the mysterious part of quantum physics. How does this happen? Practice is very important. When I close my eyes, the tongue touch the jaw, breath naturally....I become relax and relax, the heart stay open and soft, like a sponge, information from the universe begin to come in...

Beside the body, there is a larger "me", called our spirit. It is full of information related to me. It is like an instructor and guider of us. The more I practice, and with the help of DGD, I can get its information more easily.

I find, **Spirit is just like quantum superposition state in our live! It include tremendous information.**

In quantum mechanics, the state of a physical system is represented by wave functions, written as  $|\Psi\rangle$ . What is more, any linear superposition of wave functions still represents a possible state of the system. That is the superposition in quantum world.

Let us go into more detail.

In classical information theory, the basis element are 0 and 1. Any state can be either 0 or 1.

In quantum information theory, the basis element is written as  $|0\rangle$  and  $|1\rangle$ .

Any state can be written as

$$|\Psi\rangle = \alpha|0\rangle + \beta|1\rangle$$

With different numerical value of the factor of  $\alpha$  and  $\beta$ .

What does this mean to our live? Let me take myself as an example.

I am a doctor, a scientist, a wife, a mother of 3 children, friends, and so on.

That is all my relations. Sometime, it seems that I need to act like an Octopus to fulfill all this. That would make me craze.

However, let me rewrite this in a quantum state:

$$|me\rangle = a_1 |doctor\rangle + a_2 |scientist\rangle + a_3 |wife\rangle + a_4 |mother\ of\ 3\ children\rangle + a_5 |teacher\rangle + a_6 |student\rangle + a_7 |friends\rangle + a_8 |daughter\rangle + \dots$$

We can see in the formula, each component exists at the same time. There is no contradiction between each components now. I can adjust the factor here or there to suit different situation.

When all these become 0, I become a pure  $|scientist\rangle$ . that happens when I concentrate on my research.

$$|me\rangle = 0|\text{doctor}\rangle + a_2|\text{scientist}\rangle + 0|\text{wife}\rangle +$$

$$0|\text{mother of 3 children}\rangle + 0|\text{teacher}\rangle +$$

$$0|\text{student}\rangle + 0|\text{friends}\rangle + 0|\text{daughter}\rangle + \dots$$

When all these become 0, I become a pure  $|\text{wife}\rangle$ , I become little Women with my husband.

$$|me\rangle = 0|\text{doctor}\rangle + 0|\text{scientist}\rangle + a_3|\text{wife}\rangle +$$

$$0|\text{mother of 3 children}\rangle + 0|\text{teacher}\rangle +$$

$$0|\text{student}\rangle + 0|\text{friends}\rangle + 0|\text{daughter}\rangle + \dots$$

A quantum state can collapse and jump according to different space immediately. If I could state in the quantum state of my life, act like a quantum, I can be all of these role at anytime. That means I should live in the spiritual level, so that I can handle all my situations easily.

When I come back home from work, I am in the situation like

<p><b>SITUATION:</b></p> $a_3 \text{wife}\rangle + a_4 \text{mother}\rangle$ <p><b>STATE:</b></p> $ me\rangle = a_3 \text{wife}\rangle + a_4 \text{mother}\rangle$
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I turn to be a  $|\text{mother}\rangle$  and  $|\text{wife}\rangle$  state, my children and husband would feel happy and satisfied. Still, I could become  $|\text{scientist}\rangle$  immediately wherever it needs.

**That is the secret of Harmonious.**

Quantum collapse and quantum jump happens very often. The most important thing is—— we do not forget the superposition state of  $|me\rangle$ ——we should stay connect to our spirit. **That is why practice of Qi is so important to us. Qi is the connection between our body and the spirit.**

In the past, sometimes, I was so stubborn to think that I am a scientist, how can I be a good mother? In the classical world, a “scientist” state can never become a “mother” state.

After practice, I connect to my spirit. I know I am all of my relations. I should act like a quantum,

collapse and jump according to very situation immediately.

When I live in the spiritual level, I find I am born to be a perfect man. I want to show you a Film clips to illustrate this point. (Film clip: From KuFu panda 3)

When Paul become Dragon Warrior, he beat Kai in the end. Dragon Warrior is the spirit of Paul.

I began to study quantum physics when I was a Graduate student. I experience the extremely different phenomena happened in the quantum world——quantum entanglement, quantum jump, and quantum state superposition and quantum collapse, and so on. Sometime, it seem so absurd that even scientist cannot accept it. Look at the Century Debate between Einstein and Bohn. However, experiments always proves the existence and Correctness of quantum theory.

Fortunately, I met Master Li and began to practice Dean method almost at the same time I jumped into the quantum world. He always remind me one point, what do you gain in quantum physics? What does it mean to your life? I couldn't find the answer without practice. As master li said, when every quantum in your body knows it, you really understand it. That is why we name our course quantum Act/ act like a quantum. I undergo these process: I know in my head , then in the end, I really understand and act like a quantum. I find there is so much similarity between spirit field and the quantum field.

I am excited and grateful to understand both Dean Method and quantum physics. They lead me to the truth of my life. In this way, My personality has changed a lot—— from Logical Judgment to Intuitive , from worry and doubt to trust, from easily get nervous to stay relax. I find, The more pure I am, the more inspirations I have. I experience a new way of living——to grow in Fuqi.

I am really grateful to Master LI and his family.

It seems that I find the rhythm of my life and career. I began to use “quantum physics” language to explain what I experience in the spiritual field and my gain in learning Dean Method. To help people to find their destiny, to live in Fuqi.

Like today. I am really happy and grateful to connect to you.

I hope we will share face to face one day.

ByeBye.

By xiaobao

2019.08.03

In Fuqi village, China

If you have any questions and suggestions, please write to me:

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